

# Week one – lunch menu.

Please see daily menu boards for **all allergens.**

## Monday

### Main meal

Szechaun beef & peppers

### Vegetarian meal

Tofu pho chay

### Sides

Vegetable fried rice

Stif fried broccoli with garlic & ginger

5 spice roasted squash

### Dessert

Chocolate banana mousse

## Tuesday

### Main meal

Jerk pork

### Vegetarian meal

Jerk cauliflower bites

### Sides

Spiced sweet potato

Collard greens

Pineapple & coconut slaw

### Dessert

Yoghurt and fruit bar

A selection of yogurts with different fruits and toppings

## Wednesday

### Main meal

Empire roast chicken

### Vegetarian meal

Curried vegan bake

### Sides

Bombay roast potatoes

Aloo gobi

Green beans

Empire gravy

Curry butter yorkshire pudding

### Dessert

Chocolate ganache cake

## Thursday

### Main meal

Beef birria taco

### Vegetarian meal

Vegan birria taco

### Sides

Green rice

Loaded corn cobs

Black beans

### Dessert

Yoghurt and fruit bar

A selection of yogurts with different fruits and toppings

## Friday

### Main meal

Southern fried buttermilk chicken

### Vegetarian meal

Peri peri bean burger

### Sides

Homemade fried

Garden peas

Baked beans

### Dessert

Cheesecake

## Saturday

### Loaded wedges bar

A selection of toppings, fillings & sauces

### Dessert

Fruit salad

Jelly

Yoghurt pots

## Sunday

### Brunch

Smoked back bacon

Cumberland sausage

Plant based sausage

Eggs

Roasted tomato

Sauteed mushrooms

Hash browns

Baked beans

Fresh fruit

Yoghurt

Cereal station

## Available daily.

Soup station with croutons, seeds, crispy onions and toppings

Salad bar & sauces

Pasta & jacket potato bar Monday, Tuesday, Thursday & Friday

Street food Tuesday & Thursday

Rice or noodle bar every Wednesday

# Week two – lunch menu.

Please see daily menu boards for **all allergens.**

## Monday

### Main meal

Chicken Singapore noodles

### Vegetarian meal

Vegan Singapore noodles

### Sides

Mange tout

5 spiced carrots

### Dessert

Apple crumble & custard

## Tuesday

### Main meal

Classic beef lasagne

### Vegetarian meal

Spinach & ricotta cannelloni

### Sides

Garlic bread

Roasted peppers

Broccoli

### Dessert

Yoghurt and fruit bar

A selection of yogurts with different fruits and toppings

## Wednesday

### Main meal

Roast Gammon

### Vegetarian meal

Squash, leek & white bean gratin

### Sides

Roast potatoes

Garden peas

Cauliflower cheese

Gravy

### Dessert

Clementine curd cake

## Thursday

### Main meal

Vietnamese style pork shoulder

### Vegetarian meal

Vietnamese barbecue tofu

### Sides

Jasmine rice

Garlic pak choi

Sesame glazed carrots

### Dessert

Yoghurt and fruit bar

A selection of yogurts with different fruits and toppings

## Friday

### Main meal

Loaded hot dogs

### Sides

Mac n cheese

Grilled corn cobs

Barbecue baked beans

Onion rings

### Dessert

Rice pudding pot

## Saturday

### Pasta & Jacket Potato Bar

A selection of toppings, fillings & sauces

### Dessert

Fruit salad

Jelly

Yoghurt pots

## Sunday

### Brunch

Smoked back bacon

Lingfield sausage

Eggs

Roasted tomato

Sauteed mushrooms

Hash browns

Baked beans

Fresh fruit

Yoghurt

Cereal station

## Available daily.

Soup station with croutons, seeds, crispy onions and toppings

Salad bar & sauces

Pasta & jacket potato bar Monday, Tuesday, Thursday & Friday

Street food Tuesday & Thursday

Rice or noodle bar every Wednesday

# Week three – lunch menu.

Please see daily menu boards for **all allergens.**

## Monday

### Main meal

Peri peri chicken

### Vegetarian meal

Peri peri bean & cauliflower cheese with cherry tomatoes

### Sides

Herby diced potatoes  
Sweetcorn  
Carrots

### Dessert

Vanilla peach shortcake crumble & custard

## Tuesday

### Main meal

Breaded chicken with katsu sauce

### Vegetarian meal

Lentil cutlets with katsu sauce

### Sides

Steamed rice  
Stir fried vegetables  
Green beans

### Dessert

Yoghurt and fruit bar  
A selection of yogurts with different fruits and toppings

## Wednesday

### Main meal

Roast beef

### Vegetarian meal

Beanotto

### Sides

Roasted potatoes  
Chantenay carrots  
Broccoli  
Yorkshire pudding

### Dessert

Coconut pineapple cake with lemon drizzle

## Thursday

### Main meal

Chilli con carne

### Vegetarian meal

Chilli sin carne

### Sides

Rice  
Roasted sweet potato  
Grilled courgette

### Dessert

Yoghurt and fruit bar  
A selection of yogurts with different fruits and toppings

## Friday

### Main meal

Hand battered haddock fillet

### Vegetarian meal

Vegan fishless fingers

### Sides

Homemade triple cooked chip  
Garden peas  
Mushy peas  
Baked beans

### Dessert

A selection of cakes & bakes

## Saturday

### Exeat

## Sunday

### Exeat

## Available daily.

Soup station with croutons, seeds, crispy onions and toppings

Salad bar & sauces

Pasta & jacket potato bar Monday, Tuesday, Thursday & Friday

Street food Tuesday & Thursday

Rice or noodle bar every Wednesday