



Supper menu week one



The Purcell School
for young musicians

Monday

Main meal

Coconut Chilli Chicken

Vegetarian Meal

Curried Vegetable Laksa

Sides

Thai Style Noodles

Sugar Snap Peas

Broccoli

Prawn Crackers

Dessert

Chocolate Orange Cookie

Tuesday

Main meal

Chicken Hot Pot

Vegetarian Meal

Squash & Sage Risotto

Sides

Mashed Potato

Roasted Beetroot

Swede & Carrot Mash

Dessert

Muffins

Wednesday

Main meal

Teriyaki Pork

Vegetarian Meal

Hoi Sin Mushrooms & Tofu

Sides

Fried Noodles

Mange Tout

Broccoli

Dessert

Fruit Scones with Jam & Cream

Thursday

Main meal

Chicken Shawarma Wrap

Vegetarian Meal

Spiced Bean & Vegetable Wrap

Sides

New Potatoes

Sweetcorn

Grilled Courgette

Dessert

White Chocolate & Cranberry Blondie

Friday

Main meal

Beef Kofta Casserole

Vegetarian Meal

Herby Tofu & Vegetable Kebab

Sides

Roast Sweet Potatoes

Sauteed Peppers

Green Beans

Dessert

Cookies

Saturday

Indian Fakeaway

Butter Chicken Curry

Lentil Dahl

Onion Bhaji

Naan Bread

Pilau Rice

Green Beans

Mango Chutney

Mint Yoghurt

Poppadoms

Dessert

Vanilla Cupcake with Vanilla Frosting

Sunday

Main Meal

Beef Bolognaise

Vegetarian Meal

Lentil, Aubergine & Chickpea Bolognaise

Sides

Pasta

Courgette

Grilled Aubergine

Garlic Bread

Grated Cheese

Dessert

Yoghurt Pots

Fresh Fruit Salad

Snacks

Monday

Cut Fruit Platter

Tuesday

Cheese & Crackers

Wednesday

Flapjack

Thursday

Muffin Tray Bake

Friday

Cut Fruit Platter



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Monday	Tuesday	Wednesday	Thursday
Main meal Sausage Lattice Pie Vegetarian Meal Vegan Sausage Roll Sides Roast New Potatoes Tenderstem Broccoli Green Beans Onion Gravy Dessert Belgian Waffles with Chocolate Sauce	Main meal Chicken Cordon Blue Vegetarian Meal Butternut Squash & Sweet Potato Tagine Sides Diced Potatoes Herb Roasted Aubergine Carrots Dessert Victoria Sponge Cake	Main meal Chilli Con Carne Vegetarian Meal Mixed Bean Chilli Sides Mexican Red Rice Jalapeno Spiced Green Beans Corn Cob Tortilla Chips & Dips Dessert Granola Bars	Main meal Paprika Roast Chicken Vegetarian Meal Spanish Tortilla Sides Herby Glazed New Potatoes Sugar Snap Peas Cumin Roast Carrots Dessert Pumpkin Spice Cupcakes
Friday	Saturday	Sunday	Snacks
Main meal Lamb Rogan Josh Vegetarian Meal Butternut Squash Curry Sides Pilau Rice Garlic & Red Onion Okra Sweetcorn Onion Bhaji & Mint Yoghurt Dessert Chocolate Chip Cookie	Fakeaway Night A Selection of Pizzas Potato Wedges Corn Cob Coleslaw Dessert Butterscotch Tart	Main meal Crispy Chicken Ramen Vegetarian Meal Sticky Tofu Ramen Sides Noodles Sugar Snap Peas Sauteed Cabbage Asian style Broth Prawn Crackers Dessert Fruit Salad Yoghurt Pots	Monday Cut Fruit Platter Tuesday Cheese & Crackers Wednesday Flapjack Thursday Muffin Tray Bake Friday Cut Fruit Platter

*All menus are subject to change due to availability and supply



Supper menu week three



The Purcell School
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Monday	Tuesday	Wednesday	Thursday
Main meal Beef Burger in a Sesame Seeded Bun Vegetarian Meal Plant Based Burger in a Sesame Seeded Bun Sides Homemade Potato Wedges Baked Beans Sweetcorn Crispy Bacon Cheese Slices, Gherkins & Sauces Dessert Chocolate Crispie Cake	Main meal Reggae Reggae Jerk Chicken Vegetarian Meal Jamaican Vegetable & Lentil Stew Sides Rice & Peas Broccoli Corn Cob Dessert Coconut Macaroon	Main meal Lasagne Vegetarian Meal Spinach & Ricotta Cannelloni Tomato & Basil Orzo Sides Garlic Bread Green Beans Garlic Roast Aubergine Dessert Rocky Road	Fajita Bar Spiced Chicken Spiced Beef Spiced Chickpeas & Beans Sautéed Peppers & Fried Onions Green Beans Corn Salsa Pico de Gallo, Guacamole & Jalapenos Wraps & Grated Cheese Dessert Plum Upsidedown Cake & Cream
Friday	Saturday	Sunday	Snacks
Exeat	Exeat	Exeat	Monday Cut Fruit Platter Tuesday Cheese & Crackers Wednesday Flapjack Thursday Muffin Tray Bake

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