

## Monday

### Main Meal

Chicken & Chickpea Tikka Masala

### Vegetarian Meal

Spinach, Sweet Potato & Lentil Dahl

### Extras

Pilau Rice

Roasted Broccoli

Aloo Gobi

Poppadoms

### Dessert

Cookies

Cream

Fruit Salad

Jelly

Yoghurt Pot

## Tuesday

### Main Meal

Pork & Butterbean Casserole

### Vegetarian Meal

Pisto (Spanish Vegetable Stew)

### Extras

Pasta

Minted Peas

Cauliflower

### Dessert

Rice Krispie Cake

Fruit Salad

Jelly

Yoghurt Pot

## Wednesday

### Main Meal

Macaroni Cheese

### Extras

Garlic Bread

Tender stem Broccoli

Corn on the Cob

Crispy Shallots

### Dessert

Nut Free Peanut Butter Brownies

Fruit Salad

Jelly

Yoghurt Pot

## Thursday

### Main Meal

Chicken Shawarma Kebab

### Vegetarian Meal

Plant Based Chicken Kebab

### Extras

Tortilla Wraps

Sweetcorn

Grilled Courgette

Spicy Potatoes

### Dessert

Sprinkle Cake

Fruit Salad

Jelly

Yoghurt Pot

## Friday

### Main Meal

Beef Straganoff

### Vegetarian Meal

Mushroom & Leek Stroganoff

### Extras

Mashed Potatoes

Roasted Mediterranean Vegetables

### Dessert

St Clements Cake

Fruit Salad

Jelly

Yoghurt Pot

## Saturday

### Main Meal

Beef & Vegetable Stew with Herb Dumplings

### Vegetarian Meal

Spiced Cauliflower Burger with Blue Cheese

Slaw

### Extras

Herby Diced Potatoes

Broccoli

Courgette

### Dessert

Key Lime Pots

Cream

Fruit Salad

Jelly

## Sunday

### Main Meal

Purcell Chicken Kiev

### Vegetarian Meal

Tofu Kiev

### Extras

New Potatoes

Carrots

Garden Peas

### Dessert

Fruit Salad

Jelly

Yoghurt Pot

## Snacks

### Monday

Ring Doughnut

### Tuesday

Cut Fruit Platter

### Wednesday

Muffin Tray Bake

### Thursday

Cut Fruit Platter

### Friday

Flapjack

Available Every Day 

Homemade bread

Salad Bar – Big Bowl salad, Lettuce, Tomato, Cucumber

Whole Fruit

Supper Menu  
≡ Week One ≡



## Monday

### Main Meal

American Style Meatloaf

### Vegetarian Meal

Broccoli & Quinoa Cakes with Lemon  
Yoghurt Sauce

### Extras

Crushed Potatoes  
Garden Peas  
Cauliflower Cheese

### Dessert

Coconut Cupcake  
Fruit Salad  
Jelly

## Tuesday

### Main Meal

Turkey Meatballs in a Creamy Mustard  
Sauce

### Vegetarian Meal

Plant Based Meatballs in a Rich Tomato  
Sauce

### Sides

New Potatoes  
Green Beans  
Sweetcorn

### Dessert

Banana & Chocolate Custard Pots  
Fruit Salad  
Jelly  
Yoghurt Pot

## Wednesday

### Main Meal

Cajun Chicken

### Vegetarian Meal

Southern Fried Vegan Goujon Wrap

### Extras

Cajun Pasta  
Roasted Corn Cob  
Braised Cannellini Beans

### Dessert

Jamaican Ginger & Parsnip Cake  
Fruit Salad  
Jelly  
Yoghurt Pot

## Thursday

### Main Meal

Chines Style Pork Belly

### Vegetarian Meal

Vegetable Spring Roll with Sweet Chilli  
Dipping Sauce

### Extras

Fried Rice  
Mange Tout  
Roast Peppers

### Dessert

Strawberry Mousse  
Fruit Salad  
Jelly  
Yoghurt Pot

## Friday

### Main Meal

Birria (Mexican Beef Stew)

### Vegetarian Meal

Vegan Lamb Barbacoa Taco

### Extras

Tortilla Chips  
Broccoli  
Roasted Sweet Potato  
Sweetcorn Salad

### Dessert

Raspberry Ripple Blondie  
Custard  
Fruit Salad  
Jelly

## Saturday

### Fake away Night

Sweet & Sour Chicken

### Vegetarian Meal

Tofu Teriyaki

### Extras

Egg Fried Rice  
Stir Fried Vegetables  
Broccoli

Prawn Crackers

### Dessert

New York Cheesecake Pot  
Fruit Salad  
Jelly  
Yoghurt Pot

## Sunday

### Main Meal

Herb Roasted Chicken with Vegetable  
Gravy

### Vegetarian Meal

Tumbet (Mediterranean Vegetable &  
Potato Bake)

### Extras

Roast Potatoes  
Crispy Parsnips  
Broccoli

### Dessert

Fruit Salad  
Jelly  
Yoghurt Pot

## Snacks

Monday  
Yum Yums

Tuesday  
Cut Fruit Platter

Wednesday  
Muffin Tray Bake

Thursday  
Cut Fruit Platter

Friday  
Cookies

# Available Every Day



Homemade bread

Salad Bar – Big Bowl salad, Lettuce, Tomato, Cucumber

Whole Fruit

Supper Menu  
≡ Week Two ≡





## Monday

### Main Meal

Barbecue Pulled Pork

### Vegetarian Meal

Barbecue Pulled Jackfruit

### Extras

Crusty Roll

Broccoli

Butterbean Cassoulet

### Dessert

Rice Krispie Cake

Fruit Salad

Jelly

Yoghurt Pot

## Tuesday

### Main Meal

Beef Hotpot

### Vegetarian Meal

Plant Based Chicken Stew

### Extras

Onion Parmentiere Potatoes

Roasted Butternut Squash

Savoy Cabbage

### Dessert

Beetroot & Vanilla Cupcakes

Fruit Salad

Jelly

Yoghurt Pot

## Wednesday

### Main Meal

Singapore Noodles

### Vegetarian Meal

Vegan Pork Stir Fry

### Extras

Chinese Cabbage

Stir Fry Vegetables

### Dessert

Warm Belgian Waffles with Chocolate

Sauce

Fruit Salad

Jelly

Yoghurt Pot

## Thursday

### Main Meal

Pork Sausage with Onion Gravy

### Vegetarian Meal

Plant Based Sausage with Onion Gravy

### Extras

Mashed Potato

Sweetcorn

Roasted Root Vegetables

### Dessert

Raspberry & Honey Flapjack

Fruit Salad

Jelly

Yoghurt Pot

## Friday

### Main Meal

Rich Lamb Casserole

### Vegetarian Meal

Mock Lamb Casserole

### Extras

Dauphinoise Potatoes

Savoy Cabbage

Sweetcorn

Crusty Bread

### Dessert

Jam Scones

Fruit Salad

Jelly

Yoghurt Pot

## Saturday

### Fake away Night

Butter Chicken Curry

### Vegetarian Meal

Paneer & Pepper Naanza

Vegetable Pakoras

### Extras

Rice

Chilli Roasted Aubergine

Stir Fried Okra

### Dessert

Chocolate Brownie

Fruit Salad

Jelly

## Sunday

### Main Meal

Chicken Pasta Bake

### Vegetarian Meal

Plant Based Meatball Spaghetti with

Spinach Pesto

### Extras

Garlic Bread

Red Cabbage

Garden Peas

### Dessert

Fruit Salad

Jelly

Yoghurt Pot

## Snacks

Monday  
Doughnut

Tuesday  
Cut Fruit Platter

Wednesday  
Muffin Tray Bake

Thursday  
Cut Fruit Platter

Friday  
Flapjack

Available Every Day 

Homemade bread

Salad Bar – Big Bowl salad, Lettuce, Tomato, Cucumber

Whole Fruit

Supper Menu  
≡ Week Three ≡

