

Monday

Scrambled Egg
Grilled Back Bacon
Plant Based Sausage
Roasted Tomato
Hash Brown
Baked Beans

Pain au Chocolate

Tuesday

Fried Egg
Cumberland Sausage
Plant Based Sausage
Sautéed Mushrooms
Crispy Diced Potato
Baked Beans

Overnight Oats

Wednesday

Poached Egg
Grilled Back Bacon
Plant Based Sausage
Roasted Tomato
Hash Brown
Baked Beans

Avocado & Poached Egg Bagel

Thursday

Scrambled Egg
Cumberland Sausage
Plant Based Sausage
Sautéed Mushrooms
Crispy Diced Potato
Baked Beans

French Toast with Fresh
Berries & Maple Syrup

Friday

Poached Egg
Grilled Back Bacon
Plant Based Sausage
Roasted Tomato
Hash Brown
Baked Beans

Shakshouka

Saturday

Continental
Style
Breakfast

Seasonal Smoothie

Available Every Day

Yoghurt Bar with Homemade
Preserves

Cereal Bar

Toast Station with Preserves

Fresh Whole Fruit

Cut Fruit Platter

Dried Fruit & Seeds

Apple Juice

Orange Juice

Hydration Station

Breakfast Menu

≡ Week One ≡



Monday

Scrambled Egg
Grilled Back Bacon
Plant Based Sausage
Roasted Tomato
Hash Brown
Baked Beans

Croissant

Tuesday

Poached Egg
Cumberland Sausage
Plant Based Sausage
Sautéed Mushrooms
Crispy Diced Potato
Baked Beans

Breakfast Hash

Wednesday

Scrambled Egg
Grilled Back Bacon
Plant Based Sausage
Roasted Tomato
Hash Brown
Baked Beans

American Style Pancakes with
Blueberries & Maple Syrup

Thursday

Poached Egg
Cumberland Sausage
Plant Based Sausage
Sautéed Mushrooms
Crispy Diced Potato
Baked Beans

Mexican Huevos Rancheros

Friday

Fried Egg
Grilled Back Bacon
Plant Based Sausage
Roasted Tomato
Hash Brown
Baked Beans

Bacon & Cheese English
Muffin

Saturday

Continental
Style
Breakfast

Seasonal Smoothie

Available Every Day

Yoghurt Bar with Homemade
Preserves

Cereal Bar

Toast Station with Preserves

Fresh Whole Fruit

Cut Fruit Platter

Dried Fruit & Seeds

Apple Juice

Orange Juice

Hydration Station

Breakfast Menu

≡ Week Two ≡



Monday

Scrambled Egg
Grilled Back Bacon
Plant Based Sausage
Roasted Tomato
Hash Brown
Baked Beans

Pain au Raisin

Tuesday

Poached Egg
Cumberland Sausage
Plant Based Sausage
Sautéed Mushrooms
Crispy Diced Potato
Baked Beans

Tomato Frittata

Wednesday

Scrambled Egg
Grilled Back Bacon
Plant Based Sausage
Roasted Tomato
Hash Brown
Baked Beans

Overnight Oats

Thursday

Poached Egg
Cumberland Sausage
Plant Based Sausage
Sautéed Mushrooms
Crispy Diced Potato
Baked Beans

Caramelised Banana Pancakes

Friday

Fried Egg
Grilled Back Bacon
Plant Based Sausage
Roasted Tomato
Hash Brown
Baked Beans

Croque Madame

Saturday

Continental
Style
Breakfast

Seasonal Smoothie

Available Every Day

Yoghurt Bar with Homemade
Preserves

Cereal Bar

Toast Station with Preserves

Fresh Whole Fruit

Cut Fruit Platter

Dried Fruit & Seeds

Apple Juice

Orange Juice

Hydration Station

Breakfast Menu

≡ Week Three ≡

